

List of Items to Carry

As most of you are coming abroad for the first time, we would like to suggest to carry all the Original Certificates, Passport (with VISA-Stamped), I-20, Ticket and money (both USD and INR) with you in your cabin luggage. Also, you need to carry some cloths, medicines (with prescription), utensils and some optional items in your check-in luggage. So, let us categorize the items as follows:

1. Official Documents
2. Medicines (with prescription)
3. Necessary Items (You will need them once you arrive and so better to carry them)
4. Optional (you may buy it over here or from India)

1. Official Documents

Please carry the following items with you in cabin-luggage and may keep one copy of all the documents in your check-in luggage.

1. Passport + VISA
2. I-20
3. Admission letter
4. Medical certificate + shots
5. Medical prescriptions
6. Transcripts- original
7. Degree certificate
8. Mark-sheets
9. Admission Letter
10. GRE + TOEFL score reports
11. College leaving certificate
12. International Driving license
13. Traveller's cheques-receipts
14. Cash – dollars and change
15. Photographs- passport size, stamp size

Please carry Addresses of your Temporary Accommodation & Phone numbers of the pick-up person and Emergency Contact Person.

Office Stationeries

Stapler + pins
Fevistick, Feviquick
Araldite/ Fevicol
Scotch tape, cello tape,

Cutter/scissor
Paper clips
Writing pads-blank, big small
Folders

2. Medicines

Many students prefer to carry some medicines personally while travelling and initial stay. Please make sure that you have medicines for acidity, constipation, diarrhea, cold, cough, headaches, stomach aches and nausea.

Medicines	Used for
1. Crocin	Fever
2. Aspirin/Disprin	Fever, headaches, body aches
3. Brufen	Pain killer
4. Combiflam	Pain killer
5. Cyclopam	Abdominal cramps due to loose motion
6. Flagyl	To stop really bad loose motions
7. Electral powder	For fluid loss due to excess motions/vomiting
8. Pudina pearls	Stomach ache/gases
9. Gelusil	Antacid
10. B-complex capsules	Multivitamins
11. Iodex/Moov	Muscular pain/stiff neck
12. Benadryl	Cough syrup
13. Vicks vaporub/Olisan	Headache, cold
14. Savion liquid	Cleaning wounds
15. Soframycin	Cuts, wounds ointment
16. Nebasulf powder	Dressing
17. Band aid-washproof	Dressing
18. Cotton	Dressing
19. Gauze	Dressing
20. Crepe bandage	Sprains

This list is meant for reference. Please consult an authorized Medical Practitioner before buying and taking any medicines.

Please keep the Medical Prescription with you while travelling.

3. Necessary Items

The necessary items include

- Dresses and Foot-ware
- Utensils
- Daily Use Items

3. A. Dresses

Undergarments

1. Spaghetti- white, black,
2. Skirt shorts
3. Thermals- top & pants (woolmark)
4. Thermals- top & pants (jockey)
5. Night wear
6. Trackpants
7. Bathrobe- knee length

CASUALS

1. Jeans
2. 3/4ths
3. everyday wear tops (include kurtas)
4. Fancy, Tops
5. Kurtas

FORMALS

1. Shirts
2. Skirts- short
3. Suit- blazer and trousers
4. trousers
5. Saree + blouse + skirt
6. Ghagara
7. Salwar kurta- cotton

WARM CLOTHES

1. Leather Jacket
2. Black snow jacket
3. Jackets-
4. Leather gloves
5. Woollen gloves
6. Muffler
7. Shawl
8. Sweaters-
9. Sweat shirt
10. Wind cheater
11. Monkey cap

FOOTWARE

1. sport shoes
2. slippers
3. Black formal shoes
4. Woollen socks- black
5. Cotton ankle socks-
6. Formal socks- black
7. ethnic sandals
8. boots leather

3. B. Utensils

Pressure cooker
Frying pan/ Tawa
Sauce pan
Kadai (Steel container to cook food)+ Lid

Microwave vessels/Mug
Stainless steel-plates, bowls, glasses
Tongs
Dabba for masalas

You can buy Microwave vessels, knife, fork. Spoons, Bowls (steel and microwave-use) here.
Also, due to weight restrictions in Airlines, you can distribute the utensils with your room-mates.

